## East County LGBTQ+ Youth Support



Where you can BE YOURSELF,

**SOCIALIZE** and be **SUPPORTED** in a **SAFE** environment,

Get connected to the LGBTQ+ community!

- Peer Support
- Leadership
- Life Skills
- Important Issues for Our Community
- Connection to Resources for Our Community

Additional support available at Hillview Junior High, Pittsburg High School and Deer Valley High School

## For Information:

Call, text, or email Caitlin Gulseth, Program Coordinator at 925-384-0143, or caitlin@chd-prevention.org



Funded by the Mental Health Services Act in partnership with Contra Costa Mental Health, Prevention and Early Intervention Program, as well as individual donations.



Come Join Our Weekly Meetings for Free Fun, Food, and New Friends!

Every Tuesday 4:30-6:30

Can't make it in person? Join us Virtually!



## For Information:

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Program Coordinator
Phone: 925-384-0143
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Center for Human Development

Changing Lives, Transforming Communities

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